Big Five: CANOE (Personality Reflecting Traits)

Conscientiousness: Dependable, organized, reliable, ambitious, hard-working, preserving

Agreeableness: Kind, cooperative, sympathetic, helpful, courteous, warm

Neuroticism: Nervous,

Overall Ability: Cognitive Ability, Emotional Ability, Physical Ability

Cognitive Ability: Verbal, Quantitative, Reasoning, Spatial, Perceptual

Emotional Ability: Self-Awareness, Other Awareness, Emotion Regulation, Use of Emotions

Physical Ability: Strength, Stamina, Flexibility and Coordination, Psychomotor, Sensory